

MOUNT PLEASANT FOOD NETWORK

RESOURCE GUIDE



- Hot meals (Monday-Friday 5:00-7:00pm)
- Dry Pantry (Monday-Friday 2:00-7:00pm)
- 2455 Fraser St, Vancouver, BC V5T 0E5

- Rescued Food Box Program
- Rescued Food Market (Thursdays 3-7pm)
- 290 E 1st Ave Unit 100, Vancouver, BC V5T 1A6



- Jewish Food Bank
- Meal Delivery Program (5 meals every other week)
- The Food Cupboard (5 days a week)
- 54 E 3rd Ave, Vancouver

- Food resources for refugee families
- (Monday-Thursday 9:30-11:30am, Parenting workshops - Fridays 9:30-11:30am)
- 2910 St George Street



- Community Lunch (Fridays 12-1:45pm)
- Indigenous Monday Night Dinners (Every 2nd and 4th Monday of the month, 5:30-7:30pm)
- 800 E Broadway, Vancouver

- Sit-down dining (Mondays 5:30-7:30pm, Tuesdays 11am)
- Community Food Market (Every other Tuesday; 11-2pm)
- 11 W 10th Ave, Vancouver (Back alley)



- Community Coffeeshouse with free lunch
- Alternate Saturdays 12-2:30pm (Starts Sept 16)
- 803 E 16th Ave, Vancouver

- Ad-hoc farm gate markets, CSA program, restaurant sales, produce donations and vouchers
- 299 W. 1st Ave (@ Crowe Street)

