WESTSIDE FOOD COLLABORATIVE

FREE AND LOW-COST COMMUNITY FOOD RESOURCES WESTSIDE

Kits Cares Community Market
LOW COST AND FREE
Every Thursday, 12.30pm-2.30 pm
Redemption Church
3512 W 7th Ave W, Vancouver.
Kits Cares Community Market sells low cost and subsidized produce and canned goods. Cash, debit and credit accepted. There is also a cafe area where guests can enjoy a hot drink and a sweet treat at no cost. Free items of food available

Jewish Family Services - Cooked with Chesed Meal Delivery - LOW COST
Subsidized meal delivery service for seniors and those who need additional support. ($10 for 5 prepared meals). Meals are Kosher Pareve (BCK certified): contains no dairy, meat, or shellfish. For more information or to register contact the JFS care line at 604-558-5719 or https://www.jfsvancouver.ca/services/food-services/cooked-with-chesed/

Seniors Lunch at Kitsilano Neighbourhood House LOW COST
Tuesdays 11:00am – 1:00pm.
2305 W 7th Ave, Vancouver
Cost: $7
Light exercise, engaging conversation, entertainment and a delicious meal.
To register: contact Sara at 604.736.3588 ext 129 or sarad@kitshouse.org

Farm-to-Plate Marketplace SUBSIDIZED
Pickup on Thursday evenings in Kitsilano.
Order fresh food directly from local farmers at farmtoplatemarketplace.com or by calling 778-896-6754. Weekly $10.00 subsidy available.

Heart to Home Meals LOW COST
Prepared meal delivery program for seniors. Visit https://www.hearttohomemeals.ca/ or call 1-866-933-1516

Kits House Living Room Food Distribution
FREE
Fridays, 11am-1pm
Kitsilano Neighbourhood House, 2305 West 7th Ave
Community space open to all Monday-Friday 9am-4:30pm - no membership or registration required! Features amenities, free WiFi, tea and coffee, and community connections. On Fridays, limited number of fresh and non-perishable food items available to take home - no registration required, no questions asked, while supplies last.

Community Fridge and Food Pantry - Kits House - FREE
Vine Street & 7th Ave – outside Kitsilano Neighbourhood House
Fresh and non-perishable items. Take what you need – leave what you can.

Community Fridge - Kitsilano 13th Ave - FREE
Take what you need – leave what you can.
Located in the alley behind 3066 W 13th

Community Fridge - UBC - FREE
Take what you need – leave what you can.
Everyone is welcome: students, staff, community members.
Located outside Sprouts Cafe in the basement of Life Building, 6133 University Blvd

Community Food Pantry- West Point Grey
FREE
Non-perishable items, dry, canned goods. Take what you need – leave what you can.
Trimble St. & 8th Ave

Updated: June 2023